

February

2018

Academy Off-Ice Classes

		Academy On-id	Le Classes		
Thursday 1	3:30-4:30pm	Gym/Conditioning Class (Open)	Thursday 15	2:30-3:30pm	Gym/Conditioning Class (Open)
	5:30-6:30pm	Ballet/Dance - Stacey		5:30-6:30pm	Ballet/Dance - Stacey
		(Bronze-Silver-Gold)			(Bronze-Silver-Gold)
Friday 2	3:30-4:30pm	Gym/Conditioning Class (Open)	Friday 16	2:30-3:30pm	Gym/Conditioning Class (Open)
	5:00-6:00pm	Gym/Conditioning Class		3:30-4:30pm	Gym/Conditioning Class
	6:00-7:00pm	(Open) Gym/Conditioning Class		6:00-7:00pm	(Open) Gym/Conditioning Class
	0.00-7.00pm			0.00-7.00pm	
Caturday 2	10 20 11 20	(Open)	6 1 1 47	40.20.44.20	(Open)
Saturday 3	10:30-11:30am	Ballet/Dance - Stacey	Saturday 17	10:30-11:30am	Ballet/Dance - Stacey
NA-ad	2 2 2 2 2 2	(Bronze-Silver-Gold)		2 2 2 2 2 2	(Bronze-Silver-Gold)
Monday 5	2:30-3:30pm	Gym/Conditioning Class (Open)	Monday 19	2:30-3:30pm	Gym/Conditioning Class (Open)
	5:15-6:15pm	Gym/Conditioning Class		5:15-6:15pm	Gym/Conditioning Class
	5.25 5.25 p	(Open)			(Open)
	6:15-7:15pm	Gym/Conditioning Class		6:15-7:15pm	Gym/Conditioning Class
	·	(Open)		•	(Open)
Tuesday 6	2:30-3:30pm	Gym/Conditioning Class	Tuesday 20	2:30-3:30pm	Gym/Conditioning Class
	·	(Open)	,	•	(Open)
	5:30-6:30pm	Ballet/Dance - Stephanie		5:30-6:30pm	Ballet/Dance - Stephanie
	-	(Bronze-Silver-Gold)			(Bronze-Silver-Gold)
Wednesday 7	2:30-3:30pm	Gym/Conditioning Class	Wednesday 21	2:30-3:30pm	Gym/Conditioning Class
		(Open)	11000000, 11		(Open)
	5:15-6:15pm	Gym/Conditioning Class		5:15-6:15pm	Gym/Conditioning Class
	3.13 0.13pm	(Open)		3.13 0.13pm	(Open)
	6:15-7:15pm	Gym/Conditioning Class		6:15-7:15pm	Gym/Conditioning Class
	0.15-7.15pm	(Open)		0.15-7.15pm	(Open)
Thursday 8	2:30-3:30pm	Gym/Conditioning Class	Thursday 22	2:30-3:30pm	Gym/Conditioning Class
illuisuay o	2.30-3.30pm	(Open)	Titursuay 22	2.30-3.30pm	(Open)
	5:30-6:30pm	Ballet/Dance - Stacey		5:30-6:30pm	Ballet/Dance - Stacey
	3.30-0.30pm	(Bronze-Silver-Gold)		3.30-0.30pm	(Bronze-Silver-Gold)
Friday 9	2:30-3:30pm	Gym/Conditioning Class	Friday 22	2:30-3:30pm	Gym/Conditioning Class
	2.30-3.30pm	(Open)	Filluay 25	2.30-3.30pm	(Open)
	3:30-4:30pm	Gym/Conditioning Class		3:30-4:30pm	Gym/Conditioning Class
	3.30-4.30pm	• •		3.30-4.30pm	=
	6:00-7:00pm	(Open)		6:00-7:00pm	(Open) Gym/Conditioning Class
	6.00-7.00pm	Gym/Conditioning Class		6.00-7.00pm	=
Catalana 10	10.20 11.20	(Open)	Catanalan 24	10:20 11:20	(Open)
Saturday 10	10:30-11:30am	Ballet/Dance - Stacey	Saturday 24	10:30-11:30am	Ballet/Dance - Stacey
	2.20.2.20	(Bronze-Silver-Gold)	Manaday 20	2.20.2.20	(Bronze-Silver-Gold)
Monday 12	2:30-3:30pm	Gym/Conditioning Class	Monday 26	2:30-3:30pm	Gym/Conditioning Class
	E 4 E 6 4 E	(Open)		5.45.6.45	(Open)
	5:15-6:15pm	Gym/Conditioning Class		5:15-6:15pm	Gym/Conditioning Class
		(Open)			(Open)
	6:15-7:15pm	Gym/Conditioning Class		6:15-7:15pm	Gym/Conditioning Class
		(Open)	_		(Open)
Tuesday 13	2:30-3:30pm	Gym/Conditioning Class	Tuesday 27	2:30-3:30pm	Gym/Conditioning Class
		(Open)			(Open)
	5:30-6:30pm	Ballet/Dance - Stephanie		5:30-6:30pm	Ballet/Dance - Stephanie
		(Bronze-Silver-Gold)			(Bronze-Silver-Gold)
Wednesday 14	2:30-3:30pm	Gym/Conditioning Class	Wednesday 28	2:30-3:30pm	Gym/Conditioning Class
		(Open)			(Open)
	5:15-6:15pm	Gym/Conditioning Class		5:15-6:15pm	Gym/Conditioning Class
		(Open)			(Open)
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	6:15-7:15pm	Gym/Conditioning Class		6:15-7:15pm	Gym/Conditioning Class