



# February 2018

## Academy Off-Ice Classes

Thursday 1	3:30-4:30pm 5:30-6:30pm	Gym/Conditioning Class (Open) <b>Ballet/Dance - Stacey (Bronze-Silver-Gold)</b>	Thursday 15	2:30-3:30pm 5:30-6:30pm	Gym/Conditioning Class (Open) <b>Ballet/Dance - Stacey (Bronze-Silver-Gold)</b>
Friday 2	3:30-4:30pm 5:00-6:00pm 6:00-7:00pm	Gym/Conditioning Class (Open) Gym/Conditioning Class (Open) Gym/Conditioning Class (Open)	Friday 16	2:30-3:30pm 3:30-4:30pm 6:00-7:00pm	Gym/Conditioning Class (Open) Gym/Conditioning Class (Open) Gym/Conditioning Class (Open)
Saturday 3	10:30-11:30am	<b>Ballet/Dance - Stacey (Bronze-Silver-Gold)</b>	Saturday 17	10:30-11:30am	<b>Ballet/Dance - Stacey (Bronze-Silver-Gold)</b>
Monday 5	2:30-3:30pm 5:15-6:15pm 6:15-7:15pm	Gym/Conditioning Class (Open) Gym/Conditioning Class (Open) Gym/Conditioning Class (Open)	Monday 19	2:30-3:30pm 5:15-6:15pm 6:15-7:15pm	Gym/Conditioning Class (Open) Gym/Conditioning Class (Open) Gym/Conditioning Class (Open)
Tuesday 6	2:30-3:30pm 5:30-6:30pm	Gym/Conditioning Class (Open) <b>Ballet/Dance - Stephanie (Bronze-Silver-Gold)</b>	Tuesday 20	2:30-3:30pm 5:30-6:30pm	Gym/Conditioning Class (Open) <b>Ballet/Dance - Stephanie (Bronze-Silver-Gold)</b>
Wednesday 7	2:30-3:30pm 5:15-6:15pm 6:15-7:15pm	Gym/Conditioning Class (Open) Gym/Conditioning Class (Open) Gym/Conditioning Class (Open)	Wednesday 21	2:30-3:30pm 5:15-6:15pm 6:15-7:15pm	Gym/Conditioning Class (Open) Gym/Conditioning Class (Open) Gym/Conditioning Class (Open)
Thursday 8	2:30-3:30pm 5:30-6:30pm	Gym/Conditioning Class (Open) <b>Ballet/Dance - Stacey (Bronze-Silver-Gold)</b>	Thursday 22	2:30-3:30pm 5:30-6:30pm	Gym/Conditioning Class (Open) <b>Ballet/Dance - Stacey (Bronze-Silver-Gold)</b>
Friday 9	2:30-3:30pm 3:30-4:30pm 6:00-7:00pm	Gym/Conditioning Class (Open) Gym/Conditioning Class (Open) Gym/Conditioning Class (Open)	Friday 23	2:30-3:30pm 3:30-4:30pm 6:00-7:00pm	Gym/Conditioning Class (Open) Gym/Conditioning Class (Open) Gym/Conditioning Class (Open)
Saturday 10	10:30-11:30am	<b>Ballet/Dance - Stacey (Bronze-Silver-Gold)</b>	Saturday 24	10:30-11:30am	<b>Ballet/Dance - Stacey (Bronze-Silver-Gold)</b>
Monday 12	2:30-3:30pm 5:15-6:15pm 6:15-7:15pm	Gym/Conditioning Class (Open) Gym/Conditioning Class (Open) Gym/Conditioning Class (Open)	Monday 26	2:30-3:30pm 5:15-6:15pm 6:15-7:15pm	Gym/Conditioning Class (Open) Gym/Conditioning Class (Open) Gym/Conditioning Class (Open)
Tuesday 13	2:30-3:30pm 5:30-6:30pm	Gym/Conditioning Class (Open) <b>Ballet/Dance - Stephanie (Bronze-Silver-Gold)</b>	Tuesday 27	2:30-3:30pm 5:30-6:30pm	Gym/Conditioning Class (Open) <b>Ballet/Dance - Stephanie (Bronze-Silver-Gold)</b>
Wednesday 14	2:30-3:30pm 5:15-6:15pm 6:15-7:15pm	Gym/Conditioning Class (Open) Gym/Conditioning Class (Open) Gym/Conditioning Class (Open)	Wednesday 28	2:30-3:30pm 5:15-6:15pm 6:15-7:15pm	Gym/Conditioning Class (Open) Gym/Conditioning Class (Open) Gym/Conditioning Class (Open)