



September 2017

Academy Off-Ice Classes

Saturday 2	10:30-11:30am	Ballet/Dance (Bronze-Silver-Gold)	Saturday 16	9:15-10:15am	Ballet/Dance (Bronze-Silver-Gold)
				10:30-11:30am	Ballet/Dance (Bronze-Silver-Gold)
Monday 4	5:15-6:15pm	Gym/Conditioning Class (Silver-Gold)	Monday 18	5:15-6:15pm	Gym/Conditioning Class (Silver-Gold)
	6:15-7:15pm	Gym/Conditioning Class (Bronze-Silver)		6:15-7:15pm	Gym/Conditioning Class (Bronze-Silver)
Tuesday 5	5:30-6:30pm		Tuesday 19	5:30-6:30pm	Ballet (Bronze-Silver-Gold)
Wednesday 6	5:15-6:00pm		Wednesday 20	5:15-6:15pm	Gym/Conditioning Class (Silver-Gold)
	6:15-7:00pm			6:15-7:00pm	Gym/Conditioning Class (Bronze-Silver)
Thursday 7	5:30-6:30pm		Thursday 21	5:30-6:30pm	Jazz/Contemporary (Bronze-Silver-Gold)
Friday 8	5:30-6:30pm		Friday 22	5:30-6:30pm	Gym/Conditioning Class (Silver-Gold)
	6:00-7:00pm			6:00-7:00pm	Gym/Conditioning Class (Bronze-Silver)
Saturday 9	9:15-10:15am		Saturday 23	10:30-11:30am	Ballet/Dance (Bronze-Silver-Gold)
Monday 11	5:15-6:15pm		Monday 25	5:15-6:15pm	Gym/Conditioning Class (Silver-Gold)
	6:15-7:15pm			6:15-7:15pm	Gym/Conditioning Class (Bronze-Silver)
Tuesday 12	5:30-6:30pm		Tuesday 26	5:30-6:30pm	Ballet (Bronze-Silver-Gold)
Wednesday 13	5:15-6:15pm	Gym/Conditioning Class (Silver-Gold)	Wednesday 27	5:15-6:15pm	Gym/Conditioning Class (Silver-Gold)
	6:15-7:00pm	Gym/Conditioning Class (Bronze-Silver)		6:15-7:00pm	Gym/Conditioning Class (Bronze-Silver)
Thursday 14	5:30-6:30pm		Thursday 28	5:30-6:30pm	Jazz/Contemporary (Bronze-Silver-Gold)
Friday 15	5:30-6:30pm	Gym/Conditioning Class (Silver-Gold)	Friday 29	5:30-6:30pm	Gym/Conditioning Class (Silver-Gold)
	6:00-7:00pm	Gym/Conditioning Class (Bronze-Silver)		6:00-7:00pm	Gym/Conditioning Class (Bronze-Silver)
Revised 9/16			Saturday 30	10:30-11:30am	Ballet/Dance (Bronze-Silver-Gold)